



PASO DEL NORTE CHILDREN'S DEVELOPMENT



LEADERSHIP ACADEMY FOR FAMILIES With mental health challenges

WHEN: Monday & Wednesday For 6 weeks Sep 14- Oct 21 2009

TIME: 10:00 a.m. - 12:00a.m.

PLACE: Paso Del Norte Children's Development Center 1101 E. Schuster Ave. El Paso, TX 79902

WHO CAN ATTEND? These classes will be for parents and caretakers of youth with a mental health disability or brain disorder.

COST? \$30.00 There is no childcare. For more information call Sandra Gutierrez at 544-8484 ext. 195

A project of Paso Del Norte Children's Development Center in collaboration with Border Children's Mental Health Collaborative and CDIC Parent Resource Center

Are you interested in doing the best you can for your child with ADD/ADHD, Bipolar, Borderline Personality, Depression, etc.?

Would you like to know your rights and the rights of your son or daughter when you attend a special education meeting? Would you like to know what to expect of the discipline process?

Would you like to learn which social service agencies or programs might be able to help your family member with mental health challenges?

Then, you are cordially invited to attend the

LEADERSHIP ACADEMY FOR FAMILIES With Mental Health Challenges

We cover these topics and more:

- Mental illnesses and considerations in taking medications.
• How to advocate for your child's rights.
• What to consider in preparing your child for adulthood.
• How to help yourself and your family members in managing emotions.
• Substance abuse, dual diagnosis, rehabilitation, etc.
• How does having a family member with emotional and behavioral challenges affect the family.

For more information call Sandra Gutierrez at 544-8484 ext.195 or Esteban Zubia 915-351-1288

Academy MH - Registration Form

Name Telephone #

Address ZIP

Disability and age of your child:

Please return this form to: Paso Del Norte Children's Development Center, 1101 E. Schuster Ave. El Paso, Texas 79902. Phone 544-8484 Sandra Gutierrez