



BORDER CHILDREN'S MENTAL HEALTH COLLABORATIVE



PARENT ACADEMY FOR FAMILIES
CHILDREN'S MENTAL HEALTH FOCUSED
Paso Del Notre Child Development Center
1101 E. Schuster

SPANISH

10:00 AM to 12:00 PM

September – October

Week	Day 1 - Monday	Topic	Day 2 Wednesday	Topic	Target # of participants
1	September 14, 2009	BCMHC Introduction/ Esteban Zubia	September 16, 2009	Wraparound Luther Marcena	36
2	September 21, 2009	Understanding Stress	September 23, 2009	Improving Emotional Health; Strategies and Tips for Good Mental Health	
3	September 28, 2009	Teen Depression A GUIDE FOR PARENTS AND TEACHERS PEAK	September 30, 2009	Living and Coping with Bipolar Disorder Alternatives Dr. James Evans	
4	October 5, 2009	Plan ahead for your child's ARD meeting Eddie Rodriguez, Advocacy, Inc.	October 7, 2009	ADD/ADHD Parenting Tips Ruben Moreno	
5	October 12, 2009	" The impact of environment and diet on ADD/ADHD Child". Maria Theresa (Tess) Ernest RN BSN MBA- HCM Ernest Enterprises Nurse Consultant JPD Intake Process and Procedures Mike Soto	October 14, 2009	UBH Substance Abuse Siria Rocha	
6	October 19, 2009	NAMI Mental Services Suki Sanez	October 21, 2009	211 information and referral Presentation Graduation BCMHC Esteban Zubia	