El Paso County Department of Mental Health Support Services

HEART

Program Goals

- Reduce Recidivism
- Successful family reunification
- Provide treatment to residents
- Provide family, child and resident counseling (individual, group & family)

MENTAL HEALTH SUPPORT SERVICES

The department works with other entities to maximize resources in a cost effective manner, prevent duplication of efforts, and provide a continuum of care for those involved in multiple systems.

HEART Staff

6314 Delta Drive
El Paso, Texas 79905
Phone: 915-775-2700

Director                                 Rita Ruelas, LCSW
Clinical Services Director           Yvette Ramirez, MA Counselor  Beatrice Macias, LPC-Intern
Care Manager Senior              Luis Carlos Garcia, BA
Care Manager Senior            Claudia Arreola, LBSW

Helping All Residents Transition
HEART
A Collaborative Effort
Between MHSS and WTCSD

MANY VOICES, ONE COMMUNITY

Family-based substance abuse Treatment Program
El Paso Mental Health Support Services introduces the Helping All Residents Transition (HEART).

This is a Collaborative effort to provide services to residents, families and children in an attempt to successfully reunify the family upon the release of the resident from the Judicial system.

The effort to successfully reunify the family can begin with the children and family while the identified resident is in a residential setting.

The goal in this collaboration is to include the families in the transitional phase in an attempt to achieve family reunification and to reduce recidivism.

What services are offered for the Resident/Families/Children?
- Individual Family Counseling
- Family Counseling
- Group Counseling
- Care Management
- Individualized treatment plan
- Assessment
- Links to community resources
- Parent Academy
- Youth Academy
- Service Coordination Meetings

Who Qualifies for services?
The identified Resident, Families and Children are eligible to receive services through the Helping All Residents Transition (HEART) program.

Residents whose families are in the program, become eligible for all the services themselves upon release.

How will this program help?
- Will reduce recidivism
- Maintain healthy homes
- Maintain healthy children
- Maintain good mental health
- Provide parenting skills
- Provide tools for family self sufficiency.

Counseling/Care Management
Individual and family counseling will be provided to address and identify factors that influence the resident and family’s ability and inability to make progress in their transition for a successful reunification.

Care Management will coordinate services and treatment plans in order to link families to community resources and identify other supports that will allow the family to practice and maintain self sufficiency.

Parent and Youth Academy
The emphasis of the Parent/Youth leadership academy is to help build skills, provide support, and to help parents/youth understand steps in the transition and reunification process. The Parent academy focuses on the concepts that are important to a parents effectiveness in the transition and reunification of family and community. The youth academy focuses on the same concepts as the parent academy, but focuses on the children in the transition and reunification of a family member that has been incarcerated, and their ability to lead a healthier and more positive lifestyle with their loved ones.