

2021 JULY



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
pa W s e t m e e k c n y u 3 c l e	28	29 <b>Milk Served Daily</b>	30	01 Pineapple Chicken, Rice Pilaf, Broccoli, Fresh Fruit, Pudding	02 Green Chiliquiles, Sweet Potatoes, Brussels Sprouts, Fresh Fruit	03 Sliced Turkey w/ Gravy, Green Beans, Steamed Carrots, Fresh Fruit, Roll
W e e k 4	05 <b>4th of July</b> Lemon Pepper Chicken, Vegetable Blend, Zucchini, WG Breadstick, Fresh Fruit	06 Beef Teriyaki, Brown Rice, Peas, Carrots, Fresh Fruit, Fortune Cookie	07 Breaded Fish , Potatoes Au Gratin, Spinach & Onions, fresh fruit	08 Country-Fried Steak, Mashed Potatoes w/ Gravy, Glazed Carrots, Fresh Fruit, Roll	09 Chicken & Rice Soup, California Blend Vegetables, Spiced Peaches, Fresh Fruit, Cheesy Garlic Bread	10 Smothered Burger w/ Mushrooms, Dilled Red Potatoes, Italian Vegetable Blend, Fruit, Hamburger Bun
W e e k 5	12 Turkey Picadillo, Mexican Corn, Rice, Flour Tortilla, Fresh Fruit	13 Chicken Enchilada Casserole, Rice, Vegetable Blend, Sliced Apples	14 Creole Meatloaf w/ Tomato Sauce, Scalloped Potatoes, Steamed Carrots, Fresh Fruit, Cookie	15 Beef Fajitas, Pinto Beans, Mexican Rice, Fresh Fruit, Flour Tortilla	16 Chicken Salad on Mixed Greens, Potato Salad, Applesauce, WW Croissant	17 Chicken Marinara, Broccoli, Squash, Fresh Fruit, Hoagie Roll
W e e k 1	19 Italian Beef, Roasted Zucchini, Carrots, Fresh Fruit, WG Roll	20 Santa Fe Chicken on Rice, Steamed Corn, Black Beans, Fresh Fruit, Pudding	21 Turkey Meatball & Rice Soup, Peas, Corn, Fresh Fruit	22 Chicken Mole, Refried Beans, Spanish Rice, Flour Tortilla, Fresh Fruit	23 Tuna Salad on Mixed Greens, Carrot & Raisin Salad, Cucumber Medley, Fresh Fruit, Croissant	24 Pork Chopette, Dilled Red Potatoes, Green Beans, WG Roll, Fruit Cup
W e e k 2	26 Ham & Cheese Fusilli, Sweet Potatoes, Rancho Fiesta Blend Vegetables, Fresh Fruit, Breadstick	27 Hamburger Steak, Scalloped Potatoes, Steamed Carrots, Roll, Fresh Fruit	28 Chicken Fajitas, Stewed Tomatoes, Refried Beans, Fresh Fruit, Flour Tortilla	29 Turkey Soup, Corn, Green Beans, Fresh Fruit, Roll	30 Egg Salad w/ Celery & Bell Pepper, Lettuce & Tomato, Pickled Beets, Croissant, Fruit	31 Chicken Sandwich, Mashed Potatoes, Green Beans, WG Bun, Pudding

Approved by: *Jessie Selinsky* RDN  
6/28/2021

2021

AUGUST



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
W e e k  3	02 Pork Riblet w/ BBQ Sauce, 5-Way Vegetable Blend, Garlic Smashed Potatoes, WG Animal Crackers	03 Beef Patty Melt, Potatoes Au Gratin, Steamed Peas, WG Bun, Mixed Fruit Cup	04 Chile Colorado, Mexican Rice, Refried beans, Flour Tortilla, Sliced Peaches	05 Pineapple Chicken, Rice Pilaf, Broccoli, Fresh Fruit, Pudding	06 Red Chilaquiles w/ Corn Tortillas, Mexican Rice, Beans, Fresh Fruit	07 Sliced Turkey w/ Gravy, Green Beans, Steamed Carrots, Fresh Fruit, Roll
W e e k  4	09 Lemon Pepper Chicken, Vegetable Blend, Zucchini, WG Breadstick, Fresh Fruit	10 Beef Teriyaki, Brown Rice, Peas, Carrots, Fresh Fruit, Fortune Cookie	11 Breaded Fish , Potatoes Au Gratin, Spinach & Onions, fresh fruit	12 Country-Fried Steak, Mashed Potatoes w/ Gravy, Glazed Carrots, Fresh Fruit, Roll	13 Chicken & Rice Soup, California Blend Vegetables, Spiced Peaches, Fresh Fruit, Cheesy Garlic Bread	14 Smothered Burger w/ Mushrooms, Dilled Red Potatoes, Italian Vegetable Blend, Fruit, Hamburger Bun
W e e k  5	16 Turkey Picadillo, Mexican Corn, Rice, Flour Tortilla, Fresh Fruit	17 Chicken Enchilada Casserole, Rice, Vegetable Blend, Sliced Apples	18 Creole Meatloaf w/ Tomato Sauce, Scalloped Potatoes, Steamed Carrots, Fresh Fruit, Cookie	19 Beef Fajitas, Pinto Beans, Mexican Rice, Fresh Fruit, Flour Tortilla	20 Chicken Salad on Mixed Greens, Potato Salad, Applesauce, WW Croissant	21 Chicken Marinara, Broccoli, Squash, Fresh Fruit, Hoagie Roll
W e e k  1	23 Italian Beef, Roasted Zucchini, Carrots, Fresh Fruit, WG Roll	24 Santa Fe Chicken on Rice, Steamed Corn, Black Beans, Fresh Fruit, Pudding	25 Turkey Meatball & Rice Soup, Peas, Corn, Fresh Fruit	26 Chicken Mole, Refried Beans, Spanish Rice, Flour Tortilla, Fresh Fruit	27 Tuna Salad on Mixed Greens, Carrot & Raisin Salad, Cucumber Medley, Fresh Fruit, Croissant	28 Pork Chopette, Dilled Red Potatoes, Green Beans, WG Roll, Fruit Cup
W e e k  2	30 Ham & Cheese Fusilli, Sweet Potatoes, Rancho Fiesta Blend Vegetables, Fresh Fruit, Breadstick	31 Hamburger Steak, Scalloped Potates, Steamed Carrots, Roll, Fresh Fruit			Milk Served Daily	

Approved by: *Jesse Selinsky* RDN  
6/28/2021

2021

SEPTEMBER



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 2	30 <b>Milk Served Daily</b>	31	01 Chicken Fajitas, Stewed Tomatoes, Refried Beans, Fresh Fruit, Flour Tortilla	02 Turkey Soup, Corn, Green Beans, Fresh Fruit, Roll	03 Egg Salad w/ Celery & Bell Pepper, Lettuce & Tomato, Pickled Beets, Croissant, Fruit	04 Chicken Sandwich, Mashed Potatoes, Green Beans, WG Bun, Pudding
Week 3	06 Pork Riblet w/ BBQ Sauce, 5-Way Vegetable Blend, Garlic Smashed Potatoes, WG Animal Crackers	07 Beef Patty Melt, Potatoes Au Gratin, Steamed Peas, WG Bun, Mixed Fruit Cup	08 Chile Colorado, Mexican Rice, Refried beans, Flour Tortilla, Sliced Peaches	09 Pineapple Chicken, Rice Pilaf, Broccoli, Fresh Fruit, Pudding	10 Red Chilaquiles w/ Corn Tortillias, Mexican Rice, Beans, Fresh Fruit	11 Sliced Turkey w/ Gravy, Green Beans, Steamed Carrots, Fresh Fruit, Roll
Week 4	13 Lemon Pepper Chicken, Vegetable Blend, Zucchini, WG Breadstick, Fresh Fruit	14 Beef Teriyaki, Brown Rice, Peas, Carrots, Fresh Fruit, Fortune Cookie	15 Breaded Fish, Potatoes Au Gratin, Spinach & Onions, fresh fruit	16 <b>Holiday</b> Chicken Mole, Refried Beans, Spanish Rice, Flour Tortilla, Fresh Fruit	17 Chicken & Rice Soup, California Blend Vegetables, Spiced Peaches, Fresh Fruit, Cheesy Garlic Bread	18 Smothered Burger w/ Mushrooms, Dilled Red Potatoes, Italian Vegetable Blend, Fruit, Hamburger Bun
Week 5	20 Turkey Picadillo, Mexican Corn, Rice, Flour Tortilla, Fresh Fruit	21 Chicken Enchilada Casserole, Rice, Vegetable Blend, Sliced Apples	22 Creole Meatloaf w/ Tomato Sauce, Scalloped Potatoes, Steamed Carrots, Fresh Fruit, Cookie	23 Beef Fajitas, Pinto Beans, Mexican Rice, Fresh Fruit, Flour Tortilla	24 Chicken Salad on Mixed Greens, Potato Salad, Applesauce, WW Croissant	25 Chicken Marinara, Broccoli, Squash, Fresh Fruit, Hoagie Roll
Week 1	27 Italian Beef, Roasted Zucchini, Carrots, Fresh Fruit, WG Roll	28 Santa Fe Chicken on Rice, Steamed Corn, Black Beans, Fresh Fruit, Pudding	29 Turkey Meatball & Rice Soup, Peas, Corn, Fresh Fruit	30 Chicken Mole, Refried Beans, Spanish Rice, Flour Tortilla, Fresh Fruit	01	02

Approved by: *Jesse Anthony* RDN  
6/28/2021