

2025

OCTOBER



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
W E E K 3	Milk Served Daily		01 Cheeseburger, Red Potatoes, Mixed Vegetable, WG Bun, Sun Chips	02 Breaded Bone-in Chicken, Mashed Potatoes w/ Gravy, Corn, Biscuit	03 Guisado de Carne con Papas, Soup, Zucchini, WG Bun	04 Bratwurst, Red Potatoes, Steamed Carrots, Bread, Applesauce
W E E K 4	06 Beef Chile Verde, Corn, Pinto Beans, Tortilla, Applesauce	07 Crusted Tilapia, White Rice, Asian Vegetables, Crackers	08 Rajas de Chile Poblano con Carne, Fideos, Corn, Tortilla, Granola Bar	09 Pork Egg Roll, White Rice, Asian Vegetables Blend, Fortune Cookie	10 Chicken Pozole, Coleslaw, Chuckwagon Corn, WG Bun	11 Burger w/ Mushrooms, Red Potatoes, Mixed Vegetable, WG Bun, Pudding
W E E K 5	13 CLOSED Spagetti & Meatballs, Peas, Carrots, Dinner Roll, Pudding	14 Pollo Poblano, Corn, White Rice, Biscuit	15 Mexican Picadillo, Fideos, Green Beans, Tortilla, Applesauce	16 Green Chili Chicken, Pinto Beans, Mexican Rice, WW Bread	17 Caldo de Pollo, Calabacitas, Sopa, Crackers	18 Italian Chicken Sandwich, Pickled Beets, Mixed Vegetable, Fruit Cup
W E E K 1	20 BBQ Chicken Sandwich, Corn, Diced Potatoes, Ciabatta Bread, Applesauce	21 Turkey Sloppy Joe, WG Bun, Ranch Beans, Zucchini	22 Breaded Fish, White Rice, Broccoli, Goldfish Crackers	23 Chile Relleno, Refried Beans, Star Soup, Tortilla	24 Beef Chili Soup, Red Potatoes, Diced Carrots, Cornbread	25 Grilled Chicken Nuggets, Mac & Cheese, Mixed Vegetables, Yogurt
W E E K 2	27 Salisbury Steak w/ Tomato, Mashed Potatoes, Zucchini, Dinner Roll, Pudding	28 Chicken Mole, Refried Beans, Spanish Rice, Tortilla	29 Mac & Cheese with Beef, Sweet Potatoes, Green Beans, Applesauce	30 Hot Dog, Pinto Beans, Beans, Mixed Vegetable, WG Bun, Sun Chips	31 Caldillo, Pickled Beets, Corn & Black Beans, WG Bread	 seniornutrition what's for lunch El Paso?

9/23/2025

Nyha trained ms edw ud
8800769/DT 0796

2025

NOVEMBER



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

W E E K 2			Milk Served Daily		Chicken Tenders, Mashed Potatoes, Diced Carrots, Fruit Cup	
W E E K 3	03 Chicken Alfredo on Penne Pasta, Broccoli, Breadstick, Fruit Cup	04 Chile Colorado, Rice w/ Corn, Refried Beans, WG Tortilla	05 Cheeseburger, Red Potatoes, Mixed Vegetable, WG Bun, Sun Chips	06 Breaded Bone-in Chicken, Mashed Potatoes w/ Gravy, Corn, Biscuit	07 Guisado de Carne con Papas, Soup, Zucchini, WG Bun	08 Bratwurst, Red Potatoes, Steamed Carrots, Bread, Applesauce
W E E K 4	10 Beef Chile Verde, Corn, Pinto Beans, Tortilla, Applesauce	11 CLOSED	12 Rajas de Chile Poblano con Carne, Fideos, Corn, Tortilla, Granola Bar	13 Pork Egg Roll, White Rice, Asian Vegetables Blend, Fortune Cookie	14 Chicken Pozole, Coleslaw, Chuckwagon Corn, WG Bun	15 Burger w/ Mushrooms, Red Potatoes, Mixed Vegetable, WG Bun, Pudding
W E E K 5	17 Spagetti & Meatballs, Peas, Carrots, Dinner Roll, Pudding	18 Pollo Poblano, Corn, White Rice, Biscuit	19 Mexican Picadillo, Fideos, Green Beans, Tortilla, Applesauce	20 Green Chili Chicken, Pinto Beans, Mexican Rice, WW Bread	21 Caldo de Pollo, Calabacitas, Sopa, Crackers	22 Italian Chicken Sandwich, Pickled Beets, Mixed Vegetable, Fruit Cup
W E E K 1	24 BBQ Chicken Sandwich, Corn, Diced Potatoes, Ciabatta Bread, Applesauce	25 Turkey Sloppy Joe, WG Bun, Ranch Beans, Zucchini	26 THANKSGIVING MEAL	27 CLOSED	28 CLOSED	29 Grilled Chicken Nuggets, Mac & Cheese, Mixed Vegetables, Yogurt

9/23/2025

 Nylia Khreinev MS RD W
850.768.1079

2025

DECEMBER



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	1	2	3	4	5	6
W E E K 2	Salisbury Steak w/Tomato, Mashed Potatoes, Zucchini, Dinner Roll, Pudding	Chicken Mole, Refried Beans, Spanish Rice, Tortilla	Mac & Cheese with beef, Sweet Potatoes, Green Beans, Applesauce.	Hot Dog, Pinto Beans Beans, Mixed Vegetable, WG Bun, Sun Chips	Caldillo, Pickled Beets, Corn & Black Beans Vegetables, WG Bread.	Chicken Tenders, Mashed Potatoes, Diced Carrots, Fruit Cup.
	8	9	10	11	12	13
W E E K 3	Chicken Alfredo, Penne Pasta, Broccoli, Breadstick. Fruit Cup	Chile Colorado, Rice w/ Corn, Refried Beans, WG Tortilla	Cheeseburger, Red Potatoes, Mixed Vegetable, WG Bun, Sun Chips	Breaded Bone-in Chicken, Mashed Potatoes w/ Gravy, Corn, Biscuit	Guisado de Carne con Papas, Soup, Zucchini, Wg Bun.	Bratwurst, Red Potatoes, Steamed Carrots, Bread, Applesauce
	15	16	17	18	19	20
W E E K 4	Beef Chile Verde, Corn, Pinto Beans, Tortilla, Applesauce	Crusted Tilapia, White Rice, Asian Vegetables, Crackers.	Rajas de Chile Poblano con Carne, Fideos, Corn, Tortilla, Granola Bar	Pork Egg Roll, White Rice, Asian Vegetables Blend, Fortune Cookie	Chicken Pozole, Coleslaw, Chuckwagon Corn, WG Bun.	Burger w/ Mushrooms, Red Potatoes, Mix Vegetable, WG Bun, Pudding.
	22	23	24	25	26	27
W E E K 5	Spagetti Meatballs, Peas, Carrots, Dinner roll, Pudding	Pollo Poblano, Corn, White Rice, Biscuit	CHRISTMAS MEAL Red Pork Tamal, Chuckwagon Corn, Refried Beans, Cookie.	CLOSED Green Chili Chicken, Pinto Beans, Mexican Rice, WW bread.	CLOSED Caldo de Pollo, Calabacitas, Soda, Crackers.	Italian Chicken Sandwich, Pickled Beets, Mixed Vegetable, Fruit Cup..
	29	30	31			
W E E K 1	BBQ Chicken Sandwich, Corn, Diced Potatoes, Ciabatta Bread, Applesauce.	Turkey Sloppy Joe in a Bun, Ranch Beans, Zucchini.	Breaded Fish, White rice, Broccoli, Goldfish Crackers.			

9/23/2025

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